1. The group’s health and well-being is of utmost importance. Personal recovery depends on connection with a healthy, safe, confidential and stable community.

2. Each group’s core intention is to welcome and support those who are seeking recovery.

3. Groups are to be peer-led. For our groups to be healthy and successful, there must be a rotating leadership and democratic decision making process. Group leaders do not act in the capacity of recognized Buddhist teachers but are trusted volunteers who serve the group for a designated period of time.

4. Refuge Recovery is an abstinence based program. Trusted volunteers are expected to maintain abstinence from all recreational drugs, alcohol and process addictions.

5. Each group operates independently, except in matters affecting other groups or Refuge Recovery as a whole. Just as individuals endeavor to live in accordance with the Eightfold Path, so should each group adhere to these Guiding Principles to maintain group integrity.

6. There are no fees for Refuge Recovery membership. Each group is responsible for its own finances, relying on the generosity of its members.

7. Ethical conduct can and should be practiced on a group level. As a group, we refrain from violence, dishonesty, sexual misconduct and intoxication.

8. Our core principles are mindfulness, compassion, forgiveness and generosity. We commit to being open and accessible to all who seek refuge.

Adopted 26 June 2016 • 2nd Annual Refuge Recovery Conference, Los Angeles, California
For more information visit RefugeRecovery.org